



ASSESSMENT

P.O. Box 1945, State University, AR 72467 | o: 870-680-8403 | f: 870-972-2336

MS-Exercise Science

Program-Level Student Learning Outcomes

- Students will be able to identify how the muscular, cardiovascular and respiratory systems function as a response to exercise so they will be able to work effectively in the clinical, corporate, and commercial health and wellness environments and/or pursue advanced degrees in areas of study requiring this body of knowledge
- Students will be able to conduct health appraisals, in the fitness and clinical exercise testing
- Students will be able to design, implement, and assess exercise programs intended to accomplish pre-established goals for normal and special populations (i.e. elderly, pre and post-natal women, cardiovascular disease, COPD, diabetic, obese)